

## ASTHMA

No Spacer

Not using 10 puffs/4h

No written management plan

Often say used to have not attending asthma clinics

Control? 3 questions

The Royal College of Physicians (RCP) 'three questions' are widely used:

- In the last month/week have you had difficulty sleeping due to your asthma (including cough symptoms)?
- Have you had your usual asthma symptoms (eg, cough, wheeze, chest tightness, shortness of breath) during the day?
- Has your asthma interfered with your usual daily activities (eg, school, work, housework)?

**Note:** one 'yes' indicates medium morbidity and two or three 'yes' answers indicate high morbidity.