

PHYCHIATRIC HISTORY

Source of referral-reason

Symptoms mood memory concentration  
appetite weight bowels sleep.Suicidal?

Family History of relatives age occupation health.H of EtOH Mental  
illness Epil Fam Neuro disorder Social deviant

Personal History

Birth Trauma Milestones

Childhood traits/health Shyness phobias sleep disorder night terrors  
sleep walking eneuresis thumb sucking nail  
biting food fads stammering

serious illnesses ops fits periods in hospital  
or separation from parents

School school record truancy sport/extracurricular  
reln with other pupils,teachers

Work jobs,changes,unemployment,reasons for leaving.  
reln with workers and bosses.Present job.Satis  
faction.

Sex Puberty/menarche Periods.Attitude to sex.  
Orientation activity

Marital Wife's name age occupation.How getting on with  
her.Pregnancies,children.Contraception

Social/Econ Income Housing Neighbours Social life.Crimes.

Interests Religious Political others

Habits ETOH cigs drugs.

PMH Previous psychiatric illnesses.Handicaps.Self medication

Ops

Med

RF TB EP DM MI CVA DU J HBP ASTHMA DVT

DH

ALL

S ENQ

Chest Pain Palps Ankle swelling  
Dyspnoe exertion/rest Cough and spit  
Appetite Weight Bowels Abdo Pain  
Frequency dysuria  
Headaches faints/fits

*Previous personality*

*Social reln to relatives peers friends*

*Mood depressed anxious irritable impulsive level of energy*

*Obsessions*

*O/E*

*Physical*

*Appearance*

*Pallor Ic Cy Cl Nodes Edema JVC*

*P BP HS Pulses Rad Groin DPs Neck bruits*

*Trach Chest sounds Dulness*

*Abdo Masses/enl organs. Tenderness.Scars*

*CNS CR Nerves UL LL Jerks and Plantars*

*MSE*

*Appearance Nutrition Cleanliness manner movement(slow,restless)*

*Speech flight of ideas/poverty; nonsense(give sample)*

*Mood anxious suspicious irritable apathetic congruity with talk and appearance labile or fixed*

*Thought pattern preoccupations (fears phobias)*

*obsessional thoughts and obsessional behaviour eg hand washing*

*delusions eg of persecution,grandiose,of interference,of low worth/grandiose.*

*hallucinations v/a.Details and attitude to them*

*Orientation Time place identity*

*Concentration (reverse months)*

*Memory Recent gathered from interview*

*Remote Name of PM Opposition leader Royal family members*

*Estimate of intellect*

*Insight and attitude to admission/plans following discharge*

*Summary and problems list*

*Details of Patient's age marital status job and list of problems*

HISTORY MED GER SURG

H

PMH Ops

Med

TB RF EP DM MI CVA DVT J DU ASTHMA HBP

DH

ALL S-Anes,bleeding probs

S ENQ Chest Pain(ang/pleur) Palps Ankle swelling S-Int Claud  
Dyspnoea walking/stairs. At rest/night.Cough and spit S-blood  
Appetite Weight Bowel habit Abdo pain S-blood,slime.  
Dysuria Frequency/nocturia. S-Hematuria. Periods,discharge  
Headache Faints/diddy turns or fits.

O/E Appearance  
Pallor Cy Ic Cl JVC Nodes Neck ax groin Edema S-Temp

P BP HS/Murmurs.Apex if prominent  
Pulses Neck bruits,radials,groins,DPs

Trachea. Soundsvesicular/air entry reduced.Added sounds (creps or  
rhonchi).Dulness S-breasts

ABDO Enl Orgs or masses  
Op scars  
Tenderness  
Sounds S-Pulsation,bruits

PR

LEGS

CNS Alertness S-omit  
Speech swallowing  
Pupils equal No diplopia No Hemianopia  
V VII

FUNDI Ears if deaf

UL Power coord sens

LL Power coord sens

Jerks,plantars.

Problem list.Diff diag if doubt.

*INV MED GER SURG*

*FBC ESR*

*U&E LFT (gGT) Ca P04 TFT Sugar*

*If FBC low B12 Folate Ferritin FOBs.*

*S Amylase (Abd pain) PSA Coag Screen G/Save*

*ECG Aged Arrythmia Ischemic Heart Disease OldMI Q waves Ischemia ST dep*

*Chest x S-Abdo E/S.KUB in Urology pt.*

*USS of Abdo if indicated*

*Kardex*

*S-Consent*



ANTE NATAL HISTORY

1st Visit By 8 weeks

LMP-EDD Just off pill? (Withdrawal bleed)

Past Obst History Pregnancies Labours Post natal Probs  
Misscarriages (D&C?) Abortions

Gyn History Problems treatments ops

FH Twins Fetal Abnormality HBP DMell

PMH Ops

Medical

RF TB EP DM MI CVA DU J HBP ASTHMA DVT also KIDNEY PELVIC Fracture

DH Also Anes probs Bleeding probs Past Transfusions

ALL

SH Cigs ETOH DRUGS (HEP or HIV screen)

O/E H WT Teeth

BP

Gen appearance Pallor Cy Ic Cl JVC Nodes Edema

Chest Breasts

Heart

Abdo

No PV unless Cx smear.

Bloods FBC (Thalassemia, Sicle screen). Gruop and Rh. Rubella. VDRL.

Book Hospital for USS AFP

Subsequent visits 4 weekly to 28/52 2 weekly to 36/52 then weekly.

Wt BP Edema ankles, fingers, Fundal height above s.p. in cms. Urinalysis.

at 26: FH Position FMF. Check size. FBC and Rh antibodies if RH neg mother.

at 36: Check presentation, engagement. FBC and RH antibodies. PV unless seeing hospital.

PEDIATRIC HISTORY

H

PMH

Pregnancy Labour Birth Wt Infancy Problems Milestones.

Later illnesses and Ops.Injuries

Exposure to infection.Travel.

Immunisations.

DH

Drugs

ALL

FH Illnesses or Abnormalities

S ENQ

Breathlessness wheeze cough

Feeding Diarrhea Vomiting Abdo Pain

Wetting Dysuria Hematuria

Fits Headaches Earache/discharge

O/E

Appearance ?dehydrated looking Ht Wt Head Circum Temp

Pallor Ic Cy Rash Nodes neck,axilla

Pulse Heart

Chest Resp rate indrawing wheeze/creps

Abdo

Groins Testes Pulses ?delayed Nodes

CNS Neck stiffness Fontanelle

Observation of movements

Tone of limbs(flex and extend)

Jerks

Fundi

Ears and throat

NEONATAL EXAMINATION Best at 7 days for murmurs, hips.

Pregnancy or birth probs? Wt? Mother's Rh?

Appearance ?Downs

Colour Icteric? Bluish?

Head Circumference Fontanelle

Eyes Ophthalmoscope Cataract Red reflex

Mouth feel for cleft palate

Chest Increased resps indrawing (CHD)

Heart Murmurs. DA closes about 7th day

Abdo liver spleen normally felt

Genitalia Hypospadias Testicles Labial fusion

Anus

Hips Best after 7 days Fem pulses (diminished delayed after radial; Coarctat  
on

Back for Spina Bifida Occulta

CNS Handle baby Jittery? (Low sugar, low Ca, Infected)

Limp?

Will grasp finger.



Ward Round

Nurse

Last Entry

Check X rays and ECGs

Check Blood results

Check Drug chart

Check Temp Pulse and BP chart.