

Notes Dr Mark Kitching on Palliative Care Pitfalls

No ward at Hospice

Limited Resources Triage needed only some patients can be taken on

Weekly virtual ward round with Community Nurse Specialist Team Patients discussed

Opiate Prescribing Advice

Community Nurses

Hospice Helpline 24h

Guidelines ELMMB

Fentanyl

Only if already on Morphine as lowest patch = 90 Mg Morphine/day. No good if varying pain as takes 10 days to stabilise. Use S/D

Anticipatory prescribing

Vomiting Cyclizine

Pain Morphine

Anxiety Midazolam

Secretions Hyoscine Hydrobromide [Not Hyoscine Butylbromide that's Buscopan!]

Decision Not to Attempt Resuscitation

It won't work so don't have to ask permission not to resuscitate

ELHT NHS TRUST END OF LIFE CARE TEAM

GOLD STANDARDS FRAMEWORK PROGNOSTIC INDICATOR GUIDE

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