

ANNUAL SCREENING FOR PATIENTS WITH DIABETES OVER 12 YEARS OLD

- Symptoms**
- Claudication
 - Pain
 - Mobility problems
 - History of ulcer
 - Visual impairment

- Inspection**
- Callus
 - Ulcer present
 - Deformity

- Examination**
- Skin condition
 - Test protective sensation (10G)
 - Palpation of pulses

Categorise Risk

LOW RISK 0

- * Protective sensation intact
- * No peripheral arterial disease
- * Callus alone is low risk

- * Optimise diabetes, cholesterol & blood pressure control
- * Foot education
- * Low risk advice leaflet
- * Self management plan

Podiatry only if problems

MODERATE RISK 1

- * Neuropathy (loss of sensation) AND/OR
- * Lower limb peripheral arterial disease

- * Optimise diabetes, cholesterol & blood pressure control
- * Foot education
- * Moderate risk advice leaflet
- * Consider hospital MDT foot clinic

Regular Podiatry (1-24 weeks)

HIGH RISK 2

- * Neuropathy (loss of sensation) AND/OR
- * Lower limb peripheral arterial disease
- * Deformity or callus present
- * Previous ulceration/amputation
- * Visual impairment
- * Renal replacement therapy

- * Optimise diabetes, cholesterol & blood pressure control
- * Foot education
- * High risk advice leaflet
- * Hospital MDT foot clinic
- * Specialist prescribed footwear

Regular Podiatry (1-12 weeks)

FOOT ATTACK

- * Ulceration
- * Spreading infection
- * Severe peripheral arterial disease/gangrene
- * Suspicion of acute Charcot foot or hot, red swollen foot with or without pain

- * Optimise diabetes, cholesterol & blood pressure control
- * Foot education
- * Foot attack advice leaflet
- * Hospital MDT foot clinic
- * Specialist prescribed footwear

Regular Podiatry as required

Annual Review

Foot attack or help and advice
 Diabetes Hot Foot Line Blackburn:
 07866684362
 Weekends/ Bank Holiday contact UCC

Podiatry Referral
 Clinic or Domiciliary Visits
 (housebound only)
 Contact local health centre

Footwear
 Initial Supply - Referral
 Repairs & Renewals
 Blackburn: 01254294040
 Burnley: 01282804602