

Blackburn with Darwen Community Diabetes Service Referral Criteria

Referrals accepted into the Blackburn with Darwen Community Diabetes Service from any Blackburn with Darwen GP or Blackburn with Darwen secondary care consultant for patient's resident and registered with a Blackburn with Darwen GP:

1. Patients with Type 2 diabetes and an HbA1c of greater than 8.5% recorded on 2 consecutive occasions 3 months apart.
2. Patients with Type 2 diabetes with control greater than 8.5% and on 2 or more oral hyperglycaemic therapies
3. Patients with Type 2 diabetes requiring insulin initiation/GPL1 assessment and initiation
4. Patients with Type 2 diabetes for intensive weight management by specialist dietician
5. Patients with Type 2 diabetes requiring specialist community diabetic podiatry services excluding level 1 annual assessments undertaken by GP practice
6. Patients with Type 1 diabetes whom are well managed
7. Patients with Type 2 diabetes requiring basal bolus insulin regime
8. Patients with Type 1 & 2 diabetes requiring X-pert standard and X-pert Insulin education.

Referrals accepted for Structured X-Pert Education Programme from any healthcare professional or via patient self referral

Exclusion criteria to the Community Diabetes Service:

1. Patients under the age of 18
2. Pregnancy or pre conceptual advice
3. Suspected Type 1 Diabetes
4. MODY and uncommon types of diabetes
5. Structured education for Type 1 diabetics DAFNE
6. Insulin pump therapy

Discharge criteria to GP practice

1. Attainment of individual HbA1c target as per NICE between 6.5% and 7.5% and stable for 3 month period
2. Attainment of individual optimal target for HbA1c and stable for 3 month period
3. Failure to improve diabetes clinical indicators over 4 separate tests (HbA1c) at 10-12 weekly intervals.

Referral to Secondary Care from Community Diabetes Service

1. Pre conceptual advice
2. Patients on complex treatment regimes and failing to achieve target HbA1c
3. Patients presenting with acute 'Hot Foot' or unresolved foot ulceration
4. Patients with persistent unexplained hypoglycaemia and unresolved hypoglycaemia unawareness
5. Deteriorating complications of Diabetes requiring specialist secondary care intervention

