

Back Pain Drop-in Clinics

The new Drop-in service for patients with Low Back Pain symptoms aims to provide:

- Early access to trained Physiotherapists experienced in treating low back pain
- Early screening
- Discussion of diagnosis & reassurance
- Early advice on management
- Appropriate pathway management for your specific type of symptoms

For **Blackburn** patients your local **Drop-in Clinic** is available at the **Integrated Musculoskeletal Service (IMS) Barbara Castle Way Health Centre** on:

Tuesday 9.30 – 11.30am

Thursday 1.00 – 3.00pm

Tel: 01254 617323 / 01254 617324

For **Darwen** patients your local **Drop-in Clinic** is available at the **Darwen Health Centre**, Physiotherapy Department on:

Wednesday 10.00 – 11.30am

Tel: 01254 226755

This service is for patients aged 16 years and above

If these times and sites are not convenient please ask your GP for more information on where you can access any of our other clinics across East Lancs Hospitals NHS Trust.