

## WHO TO PHONE IN AN EMERGENCY

**This guide will help you to choose who to contact in a medical emergency - DAY OR NIGHT.**

<u>SITUATION</u>	<u>BEST PEOPLE TO CONTACT</u>
SEVERE life threatening emergency, fall suspected fracture, heart attack, stroke, bleeding, collapse etc	<b>999 Ambulance</b>
Sudden onset of illness or symptoms, 8am-6pm weekdays. (Excluding life threatening emergencies).	Your normal GP is best placed to give most appropriate advice: <b>01254 282777</b>
Minor accidents or injuries during normal working hours 8.30am - 6pm your local health centre minor injuries service. Phone or walk in.	Darwen: <b>01254 617400</b> Blackburn (Barbara Castle Way Health Centre): <b>01254 617400</b>
For patients registered with the community matrons in case of a sudden flare up of problems 8am-6pm.	Community matrons: <b>01254 207074</b>
Worsening of mental health problems or suicidal.	Crisis Team: <b>226070/226074</b> Samaritans: <b>01254 662424</b> Your usual Mental Health Team:
Sexually Transmitted Disease- Appointments Monday-Friday. Walk-in clinic Wednesday & Thursday 8.30-10.30am.	GUM Clinic: <b>01254 736045</b>
Terminally ill patients.	District nurses: <b>01254 207074</b> MacMillan nurse: <b>01254 733400</b>
Sudden onset of problems outside surgery hours that need urgent care but not casualty.	GP Out of Hours: <b>01254 291140</b> 111 or NHS Direct: <b>111</b>
Homeless people.	Drop in clinic Barbara Castle Way Health Centre 12-1pm weekdays: <b>01254 282750</b>
Low back pain, care and advice.	Drop in clinic at Barbara Castle Way Health Centre or Darwen Health Centre: <b>01254 617400</b>
Emergency dental care if not registered with a dentist	Dental Helpline <b>0845 5333230</b> or NHS Direct: <b>111</b>
Housebound and under care of District Nursing Team needing urgent help.	District Nurses: <b>01254 207074</b> <b>8am-6pm(weekdays only)</b> Out of Hours: <b>01254 266400</b> <b>weekends and 6pm-8am(weekdays)</b>