

Patient Spirometry Checklist

Have you had any of the following?

- Collapsed lung (Pneumothorax)
- Recently coughed up blood (Haemoptosis)
- Unstable heart condition (Cardiovascular state)
- Heart attack (MI) in last 3 months
- Aneurysm
- Acute illness (nausea, vomiting or pain)
- Head, chest or abdominal surgery in the last 3 months
- Stroke or mini stroke (transient ischaemic attack) in the last 3 months
- Recent eye surgery (within 3 months)
- Chest infection in the last 4 - 6 weeks
- Consumed alcohol in the last 4 hours
- Smoked in the last 24hrs
- Eaten a large meal in the last 2 hours
- Wearing tight clothing
- Exercised vigorously in the last 30 mins
- Have a full bladder
- Taken any medication (including inhalers) in the last 24 hours

Note dentures should be left in unless loose

Taken from ARTP/BTS Course material based on ATS Guidelines 1995