

## WEIGHT CONVERSION CHART

WEIGHT											
St	lb	Kg	St	lb	Kg	St	lb	Kg	St	lb	Kg
6	01	38.555	9	06	59.874	12	11	81.193	16	02	102.512
6	02	39.009	9	07	60.328	12	12	81.647	16	03	102.965
6	03	39.462	9	08	60.781	12	13	82.100	16	04	103.419
6	04	39.916	9	09	61.235	13	00	82.554	16	05	103.873
6	05	40.370	9	10	61.689	13	01	83.007	16	06	104.326
6	06	40.823	9	11	62.142	13	02	83.461	16	07	104.780
6	07	41.277	9	12	62.596	13	03	83.915	16	08	105.233
6	08	41.730	9	13	62.049	13	04	84.368	16	09	105.687
6	09	42.184	10	00	63.503	13	05	84.822	16	10	106.141
6	10	42.638	10	01	63.956	13	06	85.275	16	11	106.594
6	11	43.091	10	02	64.410	13	07	85.729	16	12	107.048
6	12	43.545	10	03	64.864	13	08	86.183	16	13	107.501
6	13	43.998	10	04	65.317	13	09	86.636	17	00	107.955
7	00	44.452	10	05	65.771	13	10	87.090	17	01	108.409
7	01	44.906	10	06	66.224	13	11	87.543	17	02	108.862
7	02	45.359	10	07	66.678	13	12	87.997	17	03	109.316
7	03	45.813	10	08	67.132	13	13	88.450	17	04	109.769
7	04	46.266	10	09	67.585	14	00	88.904	17	05	110.223
7	05	46.720	10	10	68.039	14	01	89.358	17	06	110.677
7	06	47.174	10	11	68.492	14	02	89.811	17	07	111.130
7	07	47.627	10	12	68.946	14	03	90.265	17	08	111.584
7	08	48.081	10	13	69.400	14	04	90.718	17	09	112.037
7	09	48.534	11	00	69.853	14	05	91.172	17	10	112.491
7	10	48.988	11	01	70.307	14	06	91.626	17	11	112.945
7	11	49.442	11	02	70.760	14	07	92.079	17	12	113.398
7	12	49.895	11	03	71.214	14	08	92.533	17	13	113.852
7	13	50.349	11	04	71.668	14	09	92.986	18	00	114.305
8	00	50.802	11	05	72.121	14	10	93.440	18	01	114.759
8	01	51.256	11	06	72.575	14	11	93.894	18	02	115.212
8	02	51.710	11	07	73.028	14	12	94.347	18	03	115.666
8	03	52.163	11	08	73.482	14	13	94.801	18	04	116.120
8	04	52.617	11	09	73.936	15	00	95.254	18	05	116.573
8	05	53.070	11	10	74.389	15	01	95.708	18	06	117.027
8	06	53.924	11	11	74.843	15	02	96.162	18	07	117.480
8	07	53.978	11	12	75.296	15	03	96.615	18	08	117.934
8	08	54.431	11	13	75.750	15	04	97.069	18	09	118.388
8	09	54.885	12	00	76.204	15	05	97.522	18	10	118.841
8	10	55.538	12	01	76.657	15	06	97.976	18	11	119.295
8	11	55.792	12	02	77.111	15	07	98.430	18	12	119.748
8	12	56.246	12	03	77.564	15	08	98.883	18	13	120.202
8	13	56.669	12	04	78.018	15	09	99.337	19	00	120.656
9	00	57.153	12	05	78.472	15	10	99.790	19	01	121.109
9	01	57.606	12	06	78.925	15	11	100.244	19	02	121.563
9	02	58.060	12	07	79.379	15	12	100.244	19	03	122.016
9	03	58.513	12	08	79.832	15	13	101.151	19	04	122.470
9	04	58.697	12	09	80.286	16	00	101.605	19	05	122.924
9	05	59.421	12	10	80.739	16	01	102.058	19	06	123.377