

ANTICIPATORY PRESCRIBING FOR DYING PERSON – STANDARD DRUGS

DRUG	FORMULATION	SIZE OF AMPOULE	AMOUNT TO PRESCRIBE	USUAL PRN DOSE	INITIAL 24 HOUR CSCI DOSE	RECOMMENDED MAXIMUM DOSE	GUIDANCE FROM/ COMMENTS
MORPHINE For pain in opiate naïve person <ul style="list-style-type: none"> Note doses will be higher if person already established on opioids Seek advice if any concern about converting oral doses 	10mg/1ml ampoule	1ml	5 (five) ampoules	5mg hourly subcutaneously	10-20mg	<ul style="list-style-type: none"> If 3 or more prn doses required seek medical review Consider syringe pump if needed 2 or more doses in 24 hours No ceiling dose – review frequently and titrate dose according to response 	<ul style="list-style-type: none"> PCF5 (Palliative Care Formulary 5th edition) L&SC Palliative & End of Life Prescribing Guidelines 2014 East Lancashire Medicines Management Board (ELMMB) 2015
MORPHINE For breathlessness	10mg/1ml ampoule	1ml	5 (five) ampoules	2.5mg 4 hourly subcutaneously	5-10mg	Consider syringe pump if 2 or more doses needed in 24 hours	<ul style="list-style-type: none"> ELMMB 2015
MIDAZOLAM For agitation & terminal restlessness	10mg/2ml ampoule (5mg/ml)	2 ml	5 (five) ampoules	2.5mg 2 hourly subcutaneously	10-20mg	<ul style="list-style-type: none"> Consider syringe pump if 3 or more doses needed in 24 hours Seek advice from Palliative Care Helpline when 24 hour dose reaches 30mg 	<ul style="list-style-type: none"> PCF5 says can give hourly prn ELMMB 2015 L&SC Palliative & End of Life Prescribing Guidelines say 6 hourly prn
HYOSCINE HYDROBROMIDE For respiratory tract secretions	400micrograms/ 1ml ampoule	1ml	5 ampoules	400micrograms 2 hourly subcutaneously	1200 micrograms	2400micrograms	<ul style="list-style-type: none"> Start syringe pump when first stat dose given to reduce build up of new secretions Paradoxical agitation can occur ELMMB 2015
CYCLIZINE For nausea and vomiting	50mg/1ml ampoule	1ml	5 ampoules	50mg 8 hourly subcutaneously	150mg	150mg	<ul style="list-style-type: none"> Use water for injection diluent in syringe pump Incompatible with oxycodone ELMMB 2015

